

ATHLETIC TRAINER (SCHOOL DISTRICT)

DISTINGUISHING FEATURES OF THE CLASS: This is a responsible professional position involving planning and implementation of an athletic training program for student athletes. The athletic training program must provide care and treatment of athletic injuries, as well as training regarding prevention of athletic injuries, in accordance with Section 8532 of the New York State Education Law. Duties include the management of athletic injuries/illnesses, including preconditioning, conditioning, and reconditioning through use of appropriate preventative and supportive devices, under the supervision of a physician. Responsibilities also include providing instruction and advice to athletes, parents, medical personnel, and communities in the area of care and prevention of athletic injuries. Work is performed under general supervision of a licensed physician and the school district Athletic Director, with considerable leeway allowed for exercise of independent judgment in carrying out the details of the work. Supervision may be exercised over paid or volunteer student assistants. Does related work as required.

TYPICAL WORK ACTIVITIES: *The typical work activities listed below, while providing representative examples of the variety of work assignments in the title, do not describe any individual position. Incumbents in this title may perform some or all of the following, as well as other related activities not described.*

Plans and implements an athletic training program, working closely with the school district

Athletic Director to integrate the training program into the overall athletic program of the school district;

Provides training, instruction, and strategies relative to minimizing injuries, such as conditioning programs, judicious equipment selection, athletic activity safety checks, and determination of physical fitness for participation in intended activities;

ATHLETIC TRAINER (SCHOOL DISTRICT)**Page 2**

Provides for the care, prevention, and treatment of athletic injuries and/or improves physical fitness of athletes for participation in various sports programs;

Develops and maintains athletic training program budget;

Maintains detailed records on student athletes including sports physicals, incident report forms, injuries, and treatments;

Provides student athletes, parents, coaches, and school staff with information regarding sound health habits and injury care and prevention practices;

Provides athletic training services for all home athletic contests and varsity football games; away contests determined by the Athletic Director;

Conducts initial evaluation following any injury and makes decisions regarding management of the injury;

Provides first aid, CPR, and coordinates emergency transportation, as necessary;

Determines if student athletes need joint or muscular support and performs the taping of ankles, wrists, fingers or wrapping of muscles such as hamstrings, quadriceps, etc., to enable student athletes return to functional athletic performance;

Administers the N.Y.S. Concussion Management 5 Step Protocol;

Applies appropriate physical therapy, as allowed by law, and/or conditioning for the rehabilitation of an athletic injury;

Refers student athletes and/or families to appropriate physicians, as required;

Acts as liaison between family physicians and specialists, the school district, athletes, and their parents;

ATHLETIC TRAINER (SCHOOL DISTRICT)**Page 3**

Monitors the healing progress of injuries, reintegrates student athletes into activities as appropriate;

Informs coaches and/or Athletic Director about whether an injured athlete may resume participating in athletic activities, and provides lists of athletes medically eligible to compete, as requested;

Operates a personal computer, peripheral equipment, calculator, and other related office equipment in performing work assignments;

Assists the Athletic Director, as requested; and

May attend training events and/or conferences as required to maintain proficiency.

FULL PERFORMANCE KNOWLEDGES, SKILLS, ABILITIES, AND PERSONAL

CHARACTERISTICS: Thorough knowledge of principles and practices of sports medicine; thorough knowledge of Advanced First Aid, CPR, and emergency management procedures; good knowledge of Federal, State, and local laws, rules, and regulations related to athletic training; good knowledge of the operation and maintenance of equipment utilized in athletic training; working ability to maintain accurate records and prepare reports; ability to establish and maintain effective working relationships; ability to communicate effectively, both orally and in writing; initiative; resourcefulness, tact and courtesy; integrity; dependability; and good judgment.

MINIMUM QUALIFICATIONS: Bachelor's Degree in athletic training, or a related field, from a program accredited by the Commission on Accreditation of Athletic Training Education (CAATE).

ATHLETIC TRAINER (SCHOOL DISTRICT)**Page 4***SPECIAL REQUIREMENTS:*

1. Incumbent must possess certification as an Athletic Training (ATC) in accordance with Article 162 of the New York State Education Law at the time of appointment and maintain certification throughout employment in this title.
2. Current certification in CPR for Professional Rescuer/AED; or EMT certification.
3. Incumbent must possess current certification in Concussion Management at the time of appointment and maintain certification throughout employment in this title.

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Originated:8/23/2023
Jurisdictional Class: Competitive
Public Hearing:
NYS Civil Service Commission Approval:

Reviewed and placed in Classplan: 12/5/2023