

## PHYSICAL THERAPY ASSISTANT

DISTINGUISHING FEATURES OF THE CLASS: This is a skilled sub professional position involving responsibility for assisting a Physical Therapist with the treatment and prevention of neuromuscular or musculoskeletal disabilities by the application of direct physical therapy procedures to patients. The work is performed under the supervision of a qualified Physical Therapist who evaluates the patient, develops the treatment plan and designates specific responsibility to the Assistant. A Physical Therapist is readily available at all times for direction and assistance. Supervision may be exercised over one or more Physical Therapy Aides.

TYPICAL WORK ACTIVITIES: *The typical work activities listed below, while providing representative examples of the variety of work assignments in the title, do not describe any individual position. Incumbents in this title may perform some or all of the following, as well as other related activities not described.*

Applies heat, cold, electricity, light, water treatments, massage, therapeutic exercise, training in phases of ambulation and other activities of daily living according to the Physical Therapist's direction;

Observes, records, and reports patients' reactions to treatments and programs;

Prepares, sets up and maintains physical therapy treatment areas and equipment;

Provides for and observes safety precautions during all phases of treatment;

Confers periodically with the Physical Therapist regarding all facets of patient care and related activities;

Participates with other personnel in the formulation of the patients' total health care plans when appropriate;

Inventories, cleans, stores and otherwise maintains supplies and equipment;

Supervises Physical Therapy Aides as directed by Physical Therapist;

## **PHYSICAL THERAPY ASSISTANT**

### **Page 2**

Performs record keeping functions related to maintenance and execution of the physical therapy program.

#### **FULL PERFORMANCE KNOWLEDGES, SKILLS, ABILITIES, AND PERSONAL CHARAC-**

**TERISTICS:** Working knowledge of the principles, techniques and terminology of physical therapy; working knowledge of the operation and maintenance of apparatus and equipment used in physical therapy; working knowledge of human anatomy and physiology; working knowledge of the concepts and scope and limitations of physical therapy; sufficient physical strength to support and lift adult patients; ability to follow oral and written instructions; ability to plan and supervise the work of aides; and skill in observing and recording patients' responses to treatments.

**MINIMUM QUALIFICATIONS:** Certification and current registration by the New York State Education Department as a Physical Therapist Assistant.